

Conway Parks & Recreation Department



2nd – 4th Flag Football Rosters

| Packers | | Eagles | | Colts | |
|---------------------|---|--------------------|---|----------------------|---|
| Parker Day | 4 | Nolan Bailey | 4 | Brayden Anderson | 3 |
| Ryan McCracken | 3 | Bodey Bernier | 4 | Bentley Blodgett | 3 |
| Finley Pickering | 4 | Jamesen Demers | 3 | Rowan Burke | 4 |
| Rowen Robinson | 4 | Luke O'Brien | 4 | John Laine | 3 |
| Reilly Magee | 4 | Anthony Holmes | 3 | Chase Lebel-Hayes | 3 |
| Callum Peterson | 3 | Oliver Flanagan | 4 | Jackson Sutton | 4 |
| Ryker MacMillan | 3 | Colin Tilton | 4 | Shawn Baldwin | 4 |
| Brody Chase | 3 | Griffin Osetek | 3 | Gabriel Hall | 4 |
| Liam Hughey | 3 | Brody Coffey | 3 | Beckett Mills | 4 |
| Harrison Hague | 2 | Aubrey Bernier | 3 | Noah King | 3 |
| Ledger McPherson | 2 | Aksel Burkett | 2 | Ryder Hodge | 2 |
| | | Maggie Whitney | 2 | Odin Moss | 4 |

Conway Parks & Recreation Department



Flag Football Program Schedule

| | | | | |
|-------------------------------------|-----------|-----------------------|----|-----------------------|
| Tuesday September 12 th | 5:30 p.m. | Practice All Teams | | |
| | | | | |
| Thursday September 14 th | 5:30 p.m. | Cowboys | vs | Dolphins |
| | 6:30 p.m. | Packers | vs | Eagles |
| | | | | |
| Tuesday September 19 th | 5:30 p.m. | Eagles | vs | Dolphins |
| | 6:30 p.m. | Colts | vs | Packers |
| | | | | |
| Thursday September 21 st | 5:30 p.m. | Packers | vs | Cowboys |
| | 6:30 p.m. | Eagles | vs | Colts |
| | | | | |
| Tuesday September 26 th | 5:30 p.m. | Cowboys | vs | Eagles |
| | 6:30 p.m. | Packers | vs | Colts |
| | | | | |
| Thursday September 28 th | 5:30 p.m. | Dolphins | vs | Colts |
| | 6:30 p.m. | Eagles | vs | Packers |
| | | | | |
| Tuesday October 3 rd | 5:30 p.m. | Freedom | vs | Eagles |
| (Colts and Packers) | 6:30 p.m. | Practice | | |
| | | | | |
| Thursday October 5 th | 5:30 p.m. | Freedom | vs | Colts |
| (Packers and Eagles) | 6:30 p.m. | Practice | | |
| | | | | |
| Tuesday October 10 th | 5:30 p.m. | Dolphins | vs | Cowboys |
| | | | | |
| Thursday October 12 th | 5:30 p.m. | Packers | vs | Dolphins |
| | 6:30 p.m. | Colts | vs | Cowboys |
| | | | | |
| Tuesday October 17 th | 5:30 p.m. | Cowboys | vs | Eagles |
| | 6:30 p.m. | Dolphins | vs | Colts |
| | | | | |
| Thursday October 19 th | 5:30 p.m. | Seed #3 | vs | Seed #2 |
| <i>PLAYOFFS</i> | 6:30 p.m. | Seed #4 | Vs | Seed #1 |
| Tuesday September 24 th | 6:00 p.m. | Winner of #2 vs #3 | Vs | Winner of #4 vs #1 |
| <i>SUPER BOWL</i> | | | | |

Conway Parks & Recreation Department



2023 Flag Football Rules

1. Games will consist of two, 20-minute running-time halves. Time will only stop on a time-out, injury or the final minute of the first half and the final two minutes of the second half. In a game which the score is 18 points or greater, time will continue to run.
2. Teams will play with seven players on the field at a time. On offense, teams must have four players on the line of scrimmage (you may have more if you choose). All offensive players are considered eligible receivers.
3. On defense, the center will remain uncovered. This is to promote a better snap, which in turn allows the QB to run the play without being overwhelmed. The defensive tackles shall be head up or outside eye of the offensive guards. Linebackers will be at least 2 yds off the line of scrimmage.
4. Each team is allowed one coach in the offensive and defensive huddle.
5. Mouth guards must be worn at all times.
6. Players may NOT wear baseball hats during play, winter knit hats are allowed.
7. There is no kicking. This includes kick offs, punts and extra points.
 - At the start of the game/half or after a touchdown teams will start at their own 10-yard line
 - When teams wish to punt, the ball will be moved 25 yards and given to the opposing team.
8. An offensive player who touches the ball without a flag on is considered down at that point.

Conway Parks & Recreation Department

9. All touchdowns are worth (6) points. Teams who attempt to run in or pass on the point after from the 2 ½ yard line and are successful will receive (1) point. Teams who attempt to run in or pass on the point after from the 5-yard line and are successful will receive (2) points.
10. All penalties are assessed from the line of scrimmage and worth five yards with exception of the following: clipping, blocking below the waist, holding and guarding the flag. Those will result in a 10-yard penalty. Unnecessary roughness, unsportsmanlike conduct, taunting, intentional pulling the flag and pass interference will result in a 15-yard penalty.
11. Each team will receive (3) time outs per game which may be used at any time.
12. All kids must play at least three plays on either side of the ball during each possession.
13. First downs will be rewarded for each line you pass. There are five markers. (2) Goal lines, (2) 20-yard lines and the 40-yard line. Regardless of where you receive the ball, the next line is the marker for a first down. For example, if you receive the ball at your own 20 yards line, the first down marker is the 40-yard line, thus its 1st and 20. If you receive the ball at your own 38-yard line, the 40-yard line is the first down marker, thus its 1st and 2.
14. Overtime is played with each team getting 4 downs from the 5-yard line. If you score you may have your choice of extra point play. If the score is still tied after each team has had a possession, we will repeat this process until we have a winner.
15. To eliminate the coin toss, the visiting team will start the game with the first possession. The home team will start the second half with possession. On the schedule, the first team listed is the visitor.