2023-2024 Conway Parks & Recreation Department





WINTER PROGRAM GUIDELINES & SCHEDULES

*Created November 28th, 2023

*Updated December 5th, 2023

Winter Programs

Thank you for choosing to have your child participate in the Conway Parks and Recreation Department Winter Programs for the 2023-2024 season. We are very excited for all of our winter sports programs. Below is a list of guidelines to follow to help us make this season run smoothly!

Arrival: Participants should arrive 5 minutes prior to their scheduled practice time. If you arrive earlier than this, please wait in your vehicle or on the bleachers until your designated time. If arriving for a game, please follow your coach's instructions. Unless otherwise specified, the program will take place in the Marshall Gymnasium in the Conway Recreation Facility.

Participation: Please come to practice equipped with all necessary gear as instructed by your coach. We advise that children come with a change of clothes as well as an extra pair of shoes during the winter season. If you have trouble attaining program gear, reach out to the Recreation staff and we may be able to provide the needed equipment. At the end of the season all equipment borrowed must be returned to the Recreation staff.

*Please note that boots are not allowed on the gymnasium floors. If a participant comes without sneakers, they will be unable to participate in the program.

**Reminder to all Intramural Basketball participants, jewelry is NOT allowed! New earrings may be taped over, but all other jewelry must be removed in order to participate. Thank you for understanding.

Participants should bring their own water bottle filled. There will be a water fountain should participants need to refill their bottles.

Rec Bus: We are thrilled to announce we will once again be offering a rec bus from Pine Tree Elementary School and will pick up children from Conway Elementary School. If taking the bus, please follow all bus rules as specified by the driver.

*Only participants who have an activity immediately after school will be allowed to use these services.

Conclusion: At the conclusion of each program, we ask that your child gather all their belongings and depart the gymnasium promptly so all incoming programs can begin on time. We would like to remind you that the Conway Recreation Department does not keep a lost and found.

Thank you in advance for following all above rules and guidelines. We look forward to seeing everyone this winter!



2-3 Co-Ed Intramural Basketball Rosters

Harvard	Yale	Dartmouth
Bodhi	Anthony	Henry
Stanley	Holmes	DeVito
Brody	Brantley	Jack
Chase	Shackford	Martischnig
Callum	Celia	Jaiden
Peterson	Pomerleau	Pelletier
Chase	Evan	Kasen
Lebel-Hayes	Littlefield	Hardy
Griffin	Harrison	Ledger
Osetek	Hague	McPherson
Henry	Jamesen	Liam
Glasgow	Demers	Hughey
Noah	Jimmy	Matthew
Clements	Ensor	Shackford
Jackson	Novak	Morgan
McMahon	Dyer	Love
Jase	Quill	Noah
Lusky	Saunders	King
Levi	Ryker	Ryan
Ray	MacMillan	McCracken



2-3 Co-Ed Intramural Basketball Schedule

Date	Practice/ Game	Time	Team 1		Team 2
Wednesday January 3 rd	Practice	3:45 p.m.	All	Partic	ipants
Wednesday January 10 th	Game	3:45 p.m. 4:30 p.m.	Harvard Harvard	vs vs	Dartmouth Yale
Wednesday January 17 th	Game	3:45 p.m. 4:30 p.m.	Yale Yale	VS VS	Dartmouth Harvard
Wednesday January 24 th	Game	3:45 p.m. 4:30 p.m.	Dartmouth Dartmouth	vs vs	Harvard Yale
Wednesday January 31 st	Game	3:45 p.m. 4:30 p.m.	Harvard Harvard	vs vs	Dartmouth Yale
Wednesday February 7 th	Game	3:45 p.m.	Yale	vs	Dartmouth
		4:30 p.m. 3:45 p.m.	Yale Dartmouth	VS	Harvard
Wednesday February 14 th	Game	5:45 p.m. 4:30 p.m.	Dartmouth	vs vs	Yale



2-3 Co-Ed Intramural Basketball Rules

This program will follow all NHIAA Basketball rules with the following exceptions:

- NO JEWELRY!!!
- Two 12-minute running time halves with stop time ONLY in the last minute of the game.
- Each team will have two (2) timeouts per game.
- No full court presses or defense beyond the three-point line.
- No three-pointers.
- Five (5) team fouls bring team to the bonus (1 and 1 bonus only, no double bonus).
- No 3 second or 10 second violations.
- No jump balls, visiting team starts with possession
- OVERTIME: 1 minute and 30 seconds of run time (repeated until there is a victor).



Grade 4 Girls <u>Texas Longhorns</u> Roster

LONGHORNS
Coach
Becca Fecteau
Kinzly
Bergstrom
Ave
Clanton
Hannah
Dirienzo
Mackenzie
Fallen
Hannah
Fecteau
Vera
Genest
Freya
Nairn
Lorelei
Osetek
Callie
Reid
Paisley
Spaulding
Adaleigh
Voelbel



Grade 4 Girls <u>Texas Longhorns</u> Schedule *UPDATED 1/9/2024*

Date	Time	Practice/ Game		Opponent	Location
Monday November 27 th	3:45 p.m.	Practice			Conway Rec
Tuesday December 5 th	3:45 p.m.	Practice			Conway Rec
Wednesday December 6 th	3:45 p.m.	Practice			Conway Rec
Tuesday December 12 th	3:45 p.m.	Practice			Conway Rec
Thursday December 14 th POSTPONED to 12/18	5:30 p.m.	Game	VS	UNC	Conway Rec
Monday December 18 th POSTPONED to 1/22	5:30 p.m.	Game	₩S	UNC	Conway Rec
Tuesday December 19 th	3:45 p.m.	Practice			Conway Rec
Thursday December 21 st	5:30 p.m.	Game	vs	Iowa	Fryeburg Court 1
Tuesday January 2 nd	3:45 p.m.	Practice			Conway Rec
Thursday January 4 th	5:30 p.m.	Game	vs	LSU	Fryeburg Court 1
Tuesday January 9 th	3:45 p.m.	Practice			Conway Rec
Thursday January 11 th	6:30 p.m.	Game	vs	UNC	Conway Rec
Tuesday January 16 th	3:45 p.m.	Practice			Conway Rec
Thursday January 18 th	5:30 p.m.	Game	vs	Iowa	Fryeburg Court 1
Monday January 22 nd	5:30 p.m.	Game	VS	UNC	Conway Rec
Tuesday January 23 rd	3:45 p.m.	Practice			Conway Rec



Grade 4 Girls <u>Texas Longhorns</u> Schedule Cont. *UPDATED 1/9/2024*

Date	Time	Practice/ Game		Opponent	Location
Thursday January 25 th	5:30 p.m.	Game	vs	LSU	Conway Rec
Tuesday January 30 th	3:45 p.m.	Practice			Conway Rec
Thursday February 1st5:00 p.1End of Year Tournament5:30 p.1	4:30 p.m.	Game 1 (G1)		Seed #2 vs Seed #3	
	5:00 p.m.	Game 2 (G2)		Seed #1 vs Seed #4	Fryeburg
	5:30 p.m.	Game 3 (G3)		Loser G1 vs Loser G2	Court 1
	6:00 p.m.	Game 4 (G4)		Winner G1 vs Winner G2	



Grade 4 Boys Oklahoma State Cowboys Roster

COWBOYS
<u>Coach</u>
Zach/Todd
Nolan
Bailey
Shawn
Baldwin
Bodey
Bernier
Parker
Day
Aiden
Hogan
Nolan
Lacroix
Keegan
Lebel
Beckett
Mills
Finley
Pickering
Rowen
Robinson
Colin
Tilton
Aksel
Burkett
Rowan
Burke



Grade 4 Boys <u>Oklahoma State Cowboys</u> Schedule *UPDATED 1/9/2024*

Date	Time	Practice/ Game		Opponent	Location
Monday November 27 th	3:45 p.m.	Practice			Conway Rec
Thursday November 30 th	3:45 p.m.	Practice			Conway Rec
Tuesday December 5 th	3:45 p.m.	Practice			Conway Rec
Wednesday December 6 th	3:45 p.m.	Practice			Conway Rec
Tuesday December 12 th	3:45 p.m.	Practice			Conway Rec
Thursday December 14 POSTPONED to 12/18	6:30 p.m.	Game	VS	Michigan St.	Conway Rec
Monday December 18 th POSTPONED TO 1/22	4 :30 p.m.	Game	VS	Michigan St.	Conway Rec
Tuesday December 19 th	3:45 p.m.	Practice			Conway Rec
Thursday December 21 st	5:30 p.m.	Game	vs	Purdue	Conway Rec
Tuesday January 2 nd	3:45 p.m.	Practice			Conway Rec
Thursday January 4 th	5:00 p.m.	Game	vs	Duke	Conway Rec
Tuesday January 9 th	3:45 p.m.	Practice			Conway Rec
Thursday January 11 th	5:30 p.m.	Game	vs	Michigan St.	Conway Rec
Tuesday January 16 th	3:45 p.m.	Practice			Conway Rec
Thursday January 18 th Double Header	5:30 p.m. 6:30 p.m.	Game Game	vs vs	Michigan St. UNC	Conway Rec
Monday January 22 nd	4:30 p.m.	Game	VS	Michigan St.	Conway Rec
Tuesday January 23 rd	3:45 p.m.	Practice			Conway Rec



Grade 4 Boys <u>Oklahoma State Cowboys</u> Schedule Cont. **UPDATED 1/9/2024**

Date	Time	Practice/ Game		Opponent	Location
Thursday January 25 th	6:30 p.m.	Game	vs	Purdue	Conway Rec
Tuesday January 30 th	3:45 p.m.	Practice			Conway Rec
	4:30 p.m.	Game 1 (G1)		Seed #4 vs Seed #5	
	5:00 p.m.	Game 2 (G2)		Seed #2 vs Seed #3	
Thursday February 1 st End of Year Tournament	5:30 p.m.	Game 3 (G3)		Seed #1 vs Winner G1	Fryeburg Court 2
_	6:00 p.m.	Game 4 (G4)		Loser G1 vs Loser G2	
	6:30 p.m.	Game 5 (G5)		Winner G2 vs Winner G3	

3rd and 4th Grade Basketball Rules

- 1. Man to man defense, no zone defenses will be allowed. Playing a zone defense will result in an illegal defense which will be 1 foul shot and the ball
- 2. Defenses will have to pick up their man inside the 3-point line to help with development and allow the kids to set up an offense. If the defense picks their person up outside the 3-point line an illegal defense will be called which will be 1 foul shot and the ball. Officials will help with reminders on the court.
- 3. No personal fouls or bonus fouls (foul shots only on shooting fouls or illegal defenses)
- 4. No press defense allowed at any time
- 5. Each team will get 3 time-outs per game (all 30 sec.)
- 6. It will be 2, 20-minute run time halves (clock will only stop for injuries, time-outs and shooting fouls inside a minute of each half). There will be a 3-minute half time
- 7. No jewelry will be allowed. (New earrings may be taped over.)
- 8. Foul shots can be shot at 12 feet
- 9. All players must play in each half
- 10. A 27.5 ball will be used for both boys and girls



5-6 Girls Oregon Ducks Roster

DUCKS
Coach
Zach/Todd
Dotti
Davis
Lucy
Glasgow
Addison
Nattrass
Elizabeth
Nattrass
Nytalia
Royer
Charlotte
Sanfilippo
Ryleigh
Stearns
Taylor
Brett
Misha
Blake
Rosie
King



5-6 Girls <u>Oregon Ducks</u> Schedule *UPDATED 1/9/2024*

Date	Time	Practice/ Game		Opponent	Location
Wednesday November 29 th	3:45 p.m.	Practice			Conway Rec
Tuesday December 5 th	4:30 p.m.	Practice			Conway Rec
Thursday December 7 th	3:45 p.m.	Practice			Conway Rec
Tuesday December 12 th	5:15 p.m.	Practice			Conway Rec
Thursday December 14 th	3:45 p.m.	Practice			Conway Rec
Tuesday December 19 th POSTPONED to 1/19	5:15 p.m.	Game	₩S	UNC	Conway Rec
Thursday December 21 st	3:45 p.m.	Practice			Conway Rec
Tuesday January 2 nd	6:30 p.m.	Game	vs	Ohio St.	Conway Rec
Tuesday January 9 th	6:30 p.m.	Game	vs	UNC	Conway Rec
Thursday January 11 th	3:45 p.m.	Practice			Conway Rec
Tuesday January 16 th Double Header	5:15 p.m. 6:30 p.m.	Game Game	vs vs	Ohio St. Indiana	Conway Rec
Thursday January 18 th	3:45 p.m.	Practice			Conway Rec
Friday January 19 th	5:45 p.m.	Game	vs	UNC	Conway Rec
Tuesday January 23 rd	6:30 p.m.	Game	vs	UConn	Conway Rec
Thursday January 25 th	3:45 p.m.	Practice			Conway Rec
Tuesday January 30 th	5:15 p.m.	Game	vs	Indiana	Conway Rec



5-6 Girls <u>Oregon Ducks</u> Schedule Cont. *UPDATED 1/9/2024*

Date	Time	Practice/ Game	Opponent	Location
Thursday February 1 st	3:45 p.m.	Practice		Conway Rec
	4:30 p.m.	Game 1 (G1)	Seed 4 vs Seed 5	
Tuesday February 6 th PLAYOFFS	5:30 p.m.	Game 2 (G2)	Seed 2 vs Seed 3	Fryeburg <i>Court 1</i>
	6:30 p.m.	Game 3 (G3)	Winner G1 vs Seed 1	
Thursday February 8 IF PLAYOFF WIN	3:45 p.m.	Practice		Conway Rec
Tuesday February 13 th CHAMPIONSHIP	5:30 p.m.	SHIP	Winner G2 vs Winner G3	Fryeburg



5-6 Girls Ohio State Buckeyes Roster

BUCKEYES
Coach
Becca Fecteau
Araya
Drew
Izabelle
Elliott
Giselle
Shields
Peyton
Shields
Ella
Almechatt
Kaylee
Garland
Taylor
Fecteau
Denali
Shellhamer
Noli
Couture
Emma
Ramsay



5-6 Girls <u>Ohio St. Buckeyes</u> Schedule *UPDATED 1/9/2024*

Date	Time	Practice/ Game		Opponent	Location
Tuesday December 5 th	4:30 p.m.	Practice			Conway Rec
Thursday December 7 th	3:45 p.m.	Practice			Conway Rec
Tuesday December 12 th	5:15 p.m.	Practice			Conway Rec
Thursday December 14 th	3:45 p.m.	Practice			Conway Rec
Tuesday December 19 th POSTPONED to 1/19	5:15 p.m.	Game	₩S	UConn	Fryeburg Court 1
Thursday December 21 st	3:45 p.m.	Practice			Conway Rec
Tuesday January 2 nd Double Header	5:15 p.m. 6:30 p.m.	Game Game	VS VS	UNC Oregon	Conway Rec
Tuesday January 9 th	6:30 p.m.	Game	vs	Indiana	Fryeburg Court 1
Thursday January 11 th	3:45 p.m.	Practice			Conway Rec
Tuesday January 16 th	5:15 p.m.	Game	vs	Oregon	Conway Rec
Thursday January 18 th	3:45 p.m.	Practice			Conway Rec
Friday January 19 th	4:45 p.m.	Game	VS	UConn	Conway Rec
Tuesday January 23 rd	6:30 p.m.	Game	vs	Indiana	Fryeburg Court 1
Thursday January 25 th	3:45 p.m.	Practice			Conway Rec
Tuesday January 30 th	6:30 p.m.	Game	vs	UConn	Fryeburg Court 1



5-6 Girls <u>Ohio St. Buckeyes</u> Schedule Cont. *UPDATED 1/9/2024*

Date	Time	Practice/ Game	Opponent	Location
Thursday February 1 st	3:45 p.m.	Practice		Conway Rec
	4:30 p.m.	Game 1 (G1)	Seed 4 vs Seed 5	
Tuesday February 6 th <i>PLAYOFFS</i>	5:30 p.m.	Game 2 (G2)	Seed 2 vs Seed 3	Fryeburg <i>Court 1</i>
	6:30 p.m.	Game 3 (G3)	Winner G1 vs Seed 1	
Thursday February 8 IF PLAYOFF WIN	3:45 p.m.	Practice		Conway Rec
Tuesday February 13 th CHAMPIONSHIP	5:30 p.m.	SHIP	Winner G2 vs Winner G3	Fryeburg



5-6 Boys St. John's Red Storm Roster

RED STORM						
<u>Coach</u>						
Donald Foudriat						
Jacob						
Lubchansky						
Jacoby						
Stanley						
Jonathan						
Gadomski Jr.						
Bentley						
Gile						
Cole						
Philibert						
Nathan						
Foudriat						
Jude						
Clanton						
Finnegan						
Wilkey						
Cullen						
Fowler						



5-6 Boys <u>St. John's Red Storm</u> Schedule *UPDATED 1/9/2024*

Date	Time	Practice/ Game		Opponent	Location
Monday November 27 th	4:30 p.m.	Practice			Conway Rec
Wednesday November 29 th	4:30 p.m.	Practice			Conway Rec
Thursday November 30 th	4:30 p.m.	Practice			Conway Rec
Wednesday December 6 th	4:30 p.m.	Practice			Conway Rec
Thursday December 7 th	4:30 p.m.	Practice			Conway Rec
Tuesday December 12 th	4:30 p.m.	Practice			Conway Rec
Thursday December 14 th	4:30 p.m.	Practice			Conway Rec
Tuesday December 19 th POSTPONED to 1/19	6:30 p.m.	Game	VS	Notre Dame	Conway Rec
Thursday December 21 st	4:30 p.m.	Practice			Conway Rec
Tuesday January 2 nd	5:15 p.m.	Game	vs	Miami	Fryeburg Court 2
Tuesday January 9 th	5:15 p.m.	Game	vs	Michigan	Fryeburg Court 1
Thursday January 11 th	4:30 p.m.	Practice			Conway Rec
Tuesday January 16 th	6:30 p.m.	Game	vs	Texas A&M	Fryeburg Court 2
Thursday January 18 th	4:30 p.m.	Practice			Conway Rec
Friday January 19 th	3:45 p.m.	Game	vs	Notre Dame	Conway Rec



5-6 Boys <u>St. John's Red Storm</u> Schedule Cont. *UPDATED 1/9/2024*

Date	Time	Practice/ Game		Opponent	Location
Tuesday January 23 rd	5:15 p.m.	Game	vs	UNC	Conway Rec
Thursday January 25 th	4:30 p.m.	Practice			Conway Rec
Tuesday January 30 th	6:30 p.m.	Game	vs	Notre Dame	Conway Rec
Thursday February 1 st	4:30 p.m.	Practice			Conway Rec
	4:30 p.m.	Game 1 (G1)		Seed 1 vs Seed 6	
Tuesday February 6 th PLAYOFFS	5:30 p.m.	Game 2 (G2)		Seed 2 vs Seed 5	Fryeburg Court 2
	6:30 p.m.	Game 3 (G3)		Seed 3 vs Seed 4	
Thursday February 8 th IF PLAYOFF WIN	4:30 p.m.	Practice			Conway Rec
Thursday February 13 PLAYOFFS & CHAMPIONSHIP	4:30 p.m.	Game 4		Winner G2 vs Winner G3	Encelance
	6:30 p.m.	SHIP		Winner G4 vs Winner G1	Fryeburg



5-6 Boys Notre Dame Fighting Irish Roster

FIGHTING IRISH						
<u>Coach</u>						
Zach/Todd						
Blair						
Lynch						
Jaxson						
Snow						
Harrison						
Lacroix						
Elyas						
Gagnon						
Kingston						
Root						
Liam						
Fallen						
Declan						
Pierce						
Nelson						
Ray						
Logan						
Hughey						



5-6 Boys <u>Notre Dame Fighting Irish</u> Schedule *UPDATED 1/9/2024*

Date	Time	Practice/ Game		Opponent	Location
Monday November 27 th	4:30 p.m.	Practice			Conway Rec
Wednesday November 29 th	4:30 p.m.	Practice			Conway Rec
Thursday November 30 th	4:30 p.m.	Practice			Conway Rec
Wednesday December 6 th	4:30 p.m.	Practice			Conway Rec
Thursday December 7 th	4:30 p.m.	Practice			Conway Rec
Tuesday December 12 th	4:30 p.m.	Practice			Conway Rec
Thursday December 14 th	4:30 p.m.	Practice			Conway Rec
Tuesday December 19 th POSTPONED to 1/19	6:30 p.m.	Game	VS	St. John's	Conway Rec
Thursday December 21 st	4:30 p.m.	Practice			Conway Rec
Tuesday January 2 nd	5:15 p.m.	Game	vs	UNC	Fryeburg Court 1
Tuesday January 9 th	5:15 p.m.	Game	vs	Texas A&M	Fryeburg Court 2
Thursday January 11 th	4:30 p.m.	Practice			Conway Rec
Tuesday January 16 th	5:15 p.m.	Game	vs	Miami	Fryeburg Court 2
Thursday January 18 th	4:30 p.m.	Practice			Conway Rec
Friday January 19 th	3:45 p.m.	Game	VS	St. John's	Conway Rec



5-6 Boys <u>Notre Dame Fighting Irish</u> Schedule Cont. **UPDATED 1/9/2024**

Date	Time	Practice/ Game		Opponent	Location
Tuesday January 23 rd	5:15 p.m.	Game	vs	Michigan	Fryeburg Court 2
Thursday January 25 th	4:30 p.m.	Practice			Conway Rec
Tuesday January 30 th	6:30 p.m.	Game	vs	St. John's	Conway Rec
Thursday February 1 st	4:30 p.m.	Practice			Conway Rec
Tuesday February 6 th PLAYOFFS	4:30 p.m.	Game 1 (G1)		Seed 1 vs Seed 6	
	5:30 p.m.	Game 2 (G2)		Seed 2 vs Seed 5	Fryeburg Court 2
	6:30 p.m.	Game 3 (G3)		Seed 3 vs Seed 4	
Thursday February 8 th IF PLAYOFF WIN	4:30 p.m.	Practice			Conway Rec
Thursday February 13 PLAYOFFS & CHAMPIONSHIP	4:30 p.m.	Game 4		Winner G2 vs Winner G3	
	6:30 p.m.	SHIP		Winner G4 vs Winner G1	Fryeburg

5th and 6th Grade Basketball Rules

- 1. Man to man defense only, no zone defense will be allowed. Any zone defenses will result in an illegal defense which will result in a technical foul.
- 2. No double teaming outside the 3-point line, you will be allowed to help on dribble penetration inside the 3-point line.
- 3. No press defense allowed off made baskets until the last 2 minutes of the game, no zone presses will be allowed. Transition steals will be under the discretion of the officials.
 - a. If you are up by 15 or more, no press will be allowed at any point, even in transition
- 4. No 3-point baskets will be allowed
- 5. 5 player fouls per game, 1 and 1 on 7 team fouls, 2 shots at 10 fouls. Team fouls will reset at halftime
- 6. Games that are a tie at the end of regulation will end in a tie
- 7. No jewelry will be allowed. (New earrings may be taped over.)
- 8. Foul shots can be taken from 12 feet but shooting at the regulation line is encouraged if they are able
- 9. All players must play in each half
- 10.Hoops will be at regulation (10 feet) and a 28.5 ball will be used for both boys and girls
- 11. There will be 2, 14-minute halves with run time in the last 7 minutes of the game if a team is up by 15 or more