

#### **FALL PROGRAM GUIDELINES**

\*Created September 9th, 2021

Dear Conway Rec Families,

Please find in this document our 2021, fall program Covid-19 guidelines. We appreciate your continued support in following this guidance. Your cooperation has made it possible for us to safely offer in person programing for the past 18 months.

As we have done since this pandemic started, we will continue to monitor guidance from the State of New Hampshire throughout the fall season. We reserve the right to change/alter guidance as new information and guidance becomes available.

We have designed all programs to limit exposure amongst participants as well as family members who choose to attend and watch. We ask that participants and family members follow these guidelines as well. We are happy to announce there is no limit as to how many family members can attend practices/games this fall. With that said we ask that you only conjugate and watch practices/games with members of your immediate family.

Please respect all quarantines put in place by the local schools or your work place. If you have questions about a quarantine please do not hesitate to reach out to our office. Our office is committed to offer safe and fun in person programs.

In the past, we have been able to loan out certain pieces of equipment to participants. While we still can do this, our overall supply has been dipped into over the past year. We recommend that all soccer players in the 3<sup>rd</sup>-6<sup>th</sup> grade program have their own shin pads. Field Hockey players should have their own shin pads and goggles. If you need help locating any of these pieces of equipment please reach out to our office.

Thank you again for your continued support of Conway Recreation Department programs.

Respectfully,

Conway Parks and Recreation Staff

#### Fall Programs

Thank you for choosing to have your child participate in the Conway Parks and Recreation Department Fall Programs for the 2021 season. We are thrilled to be offering in person programing once again. In order to keep your child safe, we will be following the State of New Hampshire, Governor's Economic Reopening Taskforce Universal Best Practices (Updated April 29<sup>th</sup>, 2021). You can find a link to the entire document below.

https://www.covidguidance.nh.gov/sites/g/files/ehbemt381/files/inline-documents/sonh/universal-best-practices.pdf

**Arrival:** Participants should arrive 5 minutes prior to their scheduled practice time. If you arrive earlier than this, please wait in your vehicle until your designated time. If arriving for a game please follow coaches' instructions. The program will take place behind Conway Elementary on the grass area field. Please only use the parking lot behind Conway Elementary School (DO NOT USE THE CHARTER SCHOOL PARKING LOT). **Parents/Guardians are asked to self-screen their child at home prior to each game/practice.** 

Mask/Face Coverings: Mask/face coverings are optional and a parent's choice.

**Participation:** Equipment used will be sanitized frequently. At the end of each session all equipment borrowed must be returned and will be fully sanitized by Recreation staff. There will be multiple hand sanitizing stations, however we do recommend each participant has their own as well.

Participants should bring their own water bottle filled. We will not be supplying water.

Each session is designed to have small team numbers/small area games to limit exposure. Coaches are full/part time staff and will go through the same screening process as participants each week.

**Rec Bus:** We are thrilled to announce we will once again be offering a rec bus from Pine Tree Elementary School and will pick up children from Conway Elementary School. Please note, following Federal Guidelines, children traveling on the rec bus from Pine Tree School are required to wear a mask/face covering while on the bus. Participants using the rec bus service will also be required to sit in assigned seats.

\*Only participants who have an activity immediately after school will be allowed to use these services.

**Conclusion:** At the conclusion of each session, we ask that you depart the premises immediately. This will help to control crowds and to keep participants from different groups from having contact as well as give our staff time to sanitize equipment.

We ask that you DO NOT use the Conway Elementary Playground. Thank you in advance for following all the above rules and guidelines. Your child's safety is our number one priority. We look forward to seeing everyone this fall!



# Biddy Soccer Schedule

Saturday September 11th	9:00-9:30 a.m.	Session 1
	9:45-10:15 a.m.	Session 2
	10:30-11:00 a.m.	Session 3
	11:15-11:45 a.m.	Session 4
Saturday September 18th	9:00-9:30 a.m.	Session 1
Saturday September 10th	9:45-10:15 a.m.	Session 2
	10:30-11:00 a.m.	Session 3
	11:15-11:45 a.m.	Session 4
	11:15-11:45 a.m.	Session 4
Saturday September 25th	9:00-9:30 a.m.	Session 1
	9:45-10:15 a.m.	Session 2
	10:30-11:00 a.m.	Session 3
	11:15-11:45 a.m.	Session 4
Saturday October 2nd	NO BIDDY SOCCER	F.O.R GOLF TOURNAMENT
Saturday October 9th	9:00-9:30 a.m.	Session 1
	9:45-10:15 a.m.	Session 2
	10:30-11:00 a.m.	Session 3
	11:15-11:45 a.m.	Session 4
Saturday October 16th	9:00-9:30 a.m.	Session 1
	9:45-10:15 a.m.	Session 2
	10:30-11:00 a.m.	Session 3
	11:15-11:45 a.m.	Session 4



## Grade ¾ Intramural Soccer Program Schedule

Tuesday September 14th	3:45 p.m.	Practice		(Both Teams)
Tuesday September 21st	3:45 p.m.	Practice		(Both Teams)
Thursday September 23rd	3:45 p.m.	Conway 1	@	Conway 2
Friday September 24th	6:30 p.m.	Fryeburg	@	Conway 2
	7:30 p.m.	Sacopee 1	@	Conway 1
Tuesday September 28th		No Soccer		
Thursday September 30th	3:45 p.m.	Practice		(Both Teams
Friday October 1st	6:00 p.m.	Sacopee 4	@	Conway 1
	7:00 p.m.	Denmark	@	Conway 2
Tuesday October 5th	3:45 p.m.	Practice		(Both Teams)
Thursday October 7th	5:00 p.m.	Conway 2	@	Conway 1
Monday October 11 <sup>th</sup>	5:30 p.m.	Sacopee	@	Conway 2
Tuesday October 12th	3:45 p.m.	Practice		(Both Teams)
Thursday October 14th	3:45 p.m.	Practice		(Both Teams)
Friday October 15th	6:00 p.m.	Denmark	@	Conway 1
Tuesday October 19th	3:45 p.m.	Practice		(Both Teams)
Thursday October 21st		No Soccer		
Friday October 22nd	5:30 p.m.	Conway 2	@	Sacopee 4
	6:00 p.m.	Sacopee 4	@	Conway 1

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Tuesday October 26th	3:45 p.m.	Conway 1 Parents	@	Kids Game
Thursday October 28th	3:45 p.m.	Conway 2 Parents	@	Kids Game
Friday October 29th	5:30 p.m.	Conway 1	@	Lovell
	6:00 p.m.	Fryeburg 2	@	Conway



## Grade 5/6 Intramural Soccer Program Schedule

Monday October 25th	5:30 p.m.	Conway	@	Sacopee Valley
Thursday October 21st	5:00-6:00 p.m.	Practice		
Wednesday October 20th	5:30 p.m.	Fryeburg 2	@	Conway
Tuesday October 19th	5:00-6:15 p.m.	Practice		
Thursday October 14th	5:00-6:00 p.m.	Practice		
Tuesday October 12th	5:00-6:15 p.m.	rractice		
Tuesday Ostober 12th	E:00 6:15 n m	Practice		
Monday October 11th	5:30 p.m.	Conway	@	Denmark
Thursday October 7th	4:00-5:00 p.m.	Practice		
Thursday September 30th	5:00-6:15 p.m.	Practice		
Wednesday September 29th	5:30 p.m.	Fryeburg 1	@	Conway
, according to promise a com-	опостанувания			
Tuesday September 28th	5:00-6:15 p.m.	Practice		
Thursday September 23rd	5:00-6:15 p.m.	Practice		
Wednesday September 22nd	5:30 p.m.	Conway	@	Sacopee Valley 1
Tuesday September 21st	5:00-6:15 p.m.	Practice		
Tuesday Contember 21st	E:00 6:15 n m	Practice		
Thursday September 16th	5:00-6:15 p.m.	Practice		
Tuesday September 14th	5:30 p.m.	Lovell	@	Conway
Thursday September 9th	5:00-6:15 p.m.	Practice		



## Cross Country Program Schedule

Wednesday September 15th	Cross Country	3:45-5:00 p.m.	
Wednesday September 22nd	Cross Country	3:45-5:00 p.m.	
Wednesday September 29th	Cross Country	3:45-5:00 p.m.	
Wednesday October 6th	Cross Country	3:45-5:00 p.m.	
Wednesday October 13th	Cross Country	3:45-5:00 p.m.	



#### Pond Hockey Program Schedule

5:10-6:00 p.m.	Pond Hockey @ Ham Arena
5:10-6:00 p.m.	Pond Hockey @ Ham Arena
5:10-6:00 p.m.	Pond Hockey @ Ham Arena
5:10-6:00 p.m.	Pond Hockey @ Ham Arena
5:10-6:00 p.m.	Pond Hockey @ Ham Arena
	5:10-6:00 p.m. 5:10-6:00 p.m. 5:10-6:00 p.m.

- Please arrive 20 minutes prior to each session
- All equipment borrowed must be returned at the end of each session This does not include your game shirt.
- This program is not designed to teach the game of hockey. It is designed for children to try the game of hockey for a reduced price. For a full description of the program please visit <a href="https://www.conwayrec.com">www.conwayrec.com</a>
  - Parents are not allowed on the players bench at any time



#### Flag Football Program Schedule

<b>Thursday September 30th</b>	6:15 p.m.	Dolphins	vs	Raiders
	7:15 p.m.	Packers	vs	Patriots
Thursday October 7th	6:15 p.m.	Conway		Jamboree
Thursday October 14th	6:15 m m	Dolphina	140	Dataiata
Thursday October 14th	6:15 p.m.	Dolphins	VS	Patriots
	7:15 p.m.	Packers	VS	Raiders
Tuesday October 19th	6:15 p.m.	Raiders	vs	Dolphins
	7:15 p.m.	Patriots	vs	Packers
Thursday October 21st	6:15 p.m.	Dolphins	vs	Packers
	7:15 p.m.	Patriots	vs	Raiders
Tuesday October 26th	6:15 p.m.	Seed 4	VS	Seed 1
	7:15 p.m.	Seed 3	vs	Seed 2
Thursday October 28th	6:15 p.m.	Super Bowl		

\*Practices will take place on the following dates:
Thursday September 16th 6:15 p.m.
Tuesday September 21st 6:15 p.m.
Tuesday September 28th 6:15 p.m.
Tuesday October 5th 6:15 p.m.
Tuesday October 12th 6:15 p.m.



# Field Hockey Program Schedule

Monday October 25th	3:45 p.m.	Parents	vs	Kids
Saturday October 23rd	TBD	CC Jamboree	@	Conway
Wednesday October 20th	6:30 p.m.	NCCC	@	Conway
Monday October 18th	5:30 p.m.	Fryeburg	@	Conway
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Wednesday October 13th	6:00 p.m.	Ossipee	@	Conway
Monday October 11th		No Field Hockey		Columbus Day
Wednesday October 6th	3:45-5:00 p.m.	Practice		
Monday October 4th	3:45-5:00 p.m.	Practice		
Wednesday September 29th	5:30 p.m.	Conway	@	Fryeburg
Monday September 27th	3:45-5:00 p.m.	Practice		
Wednesday September 22nd	3:45-5:00 p.m.	Practice		
Monday September 20th	3:45-5:00 p.m.	Practice		
Wednesday September 15th	3:45-5:00 p.m.	Practice		
Monday September 13th	3:45-5:00 p.m.	Practice		