

Conway Parks & Recreation Department

CONWAY REC



WELCOME HOME

2020 FALL PROGRAM GUIDELINES

Biddy Soccer

Thank you for choosing to have your child participate in the Conway Parks and Recreation Department Biddy Soccer Program for the fall of 2020. We are thrilled to be offering in person programming once again. In order to keep your child safe, we will be following the Covid-19 reopening guidance from the Governor's Economic Reopening Taskforce, Safer at Home Amateur & Youth Sports (updated August 8th, 2020). You can find a link to the entire document by clicking below.

<https://www.covidguidance.nh.gov/sites/g/files/ehbemt381/files/inline-documents/2020-05/guidance-amateur-youth-sports.pdf>

Arrival: Participants should arrive at the field 5 minutes prior to their scheduled time. If you arrive earlier than this, please wait in your vehicle until your designated time. Please only use the parking lot behind Conway Elementary School (DO NOT USE THE CHARTER SCHOOL PARKING LOT). There will be a table set up for screening each day. You will be asked the following questions followed by a temperature check.

- 1: Has your child had any symptoms of COVID-19 (see Universal Guidelines for list of potential symptoms) or fever of 100.4 degrees F or higher.
- 2: Has your child had any close contact with someone who is suspected or confirmed to have had COVID-19 in the past 14 days. (NOTE: Healthcare workers caring for COVID-19 patients while wearing appropriate personal protective equipment should answer "no" to this question)
- 3: Has your child traveled in the past 14 days outside of New Hampshire, Maine or Vermont.

**Upon arrival you may say "No to all" to the staff member screening. If the answer to any of the above questions is yes, please do not allow your child to attend.*

While walking to the field and during the screening process we ask that participants wear a mask/face covering. Once your child has completed the screening process and arrives at the designated field space, they may remove their mask/face covering.

**Please note all parents who are unable to social distance while watching are required to wear a mask/face covering.*

Participation: Each participant will receive their own "Biddy Soccer Ball" to be used for the entire session. We encourage all participants to write their name on their ball and add colorful designs to distinguish which ball is theirs. Participants will take their ball home with them each week and can keep their soccer ball at the conclusion of the program. There will be multiple hand sanitizing stations, however we do recommend each participant has their own as well.

Each group is limited to 10 participants and two coaches. Both coaches are full time staff at the Conway Rec and will go through the same screening process as participants each week.

Participants should bring their own water bottle filled, we will not be supplying water.

Conclusion: At the conclusion of each session we ask that you depart the property immediately. This will help to control crowds and to keep participants from different groups from having contact.

**Please do not use the Conway Elementary playground.*

We thank you in advance for following all the above rules and guidelines. Your child's safety is our number one priority. We look forward to working with them this fall.

Field Hockey

Thank you for choosing to have your child participate in the Conway Parks and Recreation Department Field Hockey Program for the fall of 2020. We are thrilled to be offering in person programming once again. In order to keep your child safe, we will be following the Covid-19 reopening guidance from the Governor's Economic Reopening Taskforce, Safer at Home Amateur & Youth Sports (updated August 8th, 2020). You can find a link to the entire document by clicking below.

<https://www.covidguidance.nh.gov/sites/g/files/ehbemt381/files/inline-documents/2020-05/guidance-amateur-youth-sports.pdf>

Arrival: Participants should arrive at the field 5 minutes prior to their scheduled time. If you arrive earlier than this, please wait in your vehicle until your designated time. Please only use the parking lot behind Conway Elementary School (DO NOT USE THE CHARTER SCHOOL PARKING LOT). There will be a table set up for screening each day. You will be asked the following questions followed by a temperature check.

- 1: Has your child had any symptoms of COVID-19 (see Universal Guidelines for list of potential symptoms) or fever of 100.4 degrees F or higher.
- 2: Has your child had any close contact with someone who is suspected or confirmed to have had COVID-19 in the past 14 days. (NOTE: Healthcare workers caring for COVID-19 patients while wearing appropriate personal protective equipment should answer "no" to this question)
- 3: Has your child traveled in the past 14 days outside of New Hampshire, Maine or Vermont.

**Upon arrival you may say "No to all" to the staff member screening. If the answer to any of the above questions is yes, please do not allow your child to attend.*

While walking to the field and during the screening process we ask that participants wear a mask/face covering. Once your child has completed the screening process and arrives at the designated field space, they may remove their mask/face covering.

**Please note all parents who are unable to social distance while watching are required to wear a mask/face covering.*

Participation: Each participant will need the following equipment to participate. Shin guards, goggles and a stick (sticks are available for use if needed). All other equipment such as balls are provided by the Conway Parks and Recreation Department and sanitized before and after every practice. There will be multiple hand sanitizing stations, however we do recommend each participant has their own as well.

Practices will be designed to keep players apart as much as possible. Coaches go through the same screening process as participants each week.

Participants should bring their own water bottle filled, we will not be supplying water.

Conclusion: At the conclusion of each session we ask that you depart the property immediately. This will help to control crowds and to keep participants from different groups from having contact.

**Please do not use the Conway Elementary playground.*

We thank you in advance for following all the above rules and guidelines. Your child's safety is our number one priority. We look forward to working with them this fall.

Cross Country

Thank you for choosing to have your child participate in the Conway Parks and Recreation Department Cross Country Program for the fall of 2020. We are thrilled to be offering in person programming once again. In order to keep your child safe, we will be following the Covid-19 reopening guidance from the Governor's Economic Reopening Taskforce, Safer at Home Amateur & Youth Sports (updated August 8th, 2020). You can find a link to the entire document by clicking below.

<https://www.covidguidance.nh.gov/sites/g/files/ehbemt381/files/inline-documents/2020-05/guidance-amateur-youth-sports.pdf>

Arrival: Participants should arrive at the field 5 minutes prior to their scheduled time. If you arrive earlier than this, please wait in your vehicle until your designated time. Please only use the parking lot behind Conway Elementary School (DO NOT USE THE CHARTER SCHOOL PARKING LOT). There will be a table set up for screening each day. You will be asked the following questions followed by a temperature check.

- 1: Has your child had any symptoms of COVID-19 (see Universal Guidelines for list of potential symptoms) or fever of 100.4 degrees F or higher.
- 2: Has your child had any close contact with someone who is suspected or confirmed to have had COVID-19 in the past 14 days. (NOTE: Healthcare workers caring for COVID-19 patients while wearing appropriate personal protective equipment should answer "no" to this question)
- 3: Has your child traveled in the past 14 days outside of New Hampshire, Maine or Vermont.

**Upon arrival you may say "No to all" to the staff member screening. If the answer to any of the above questions is yes, please do not allow your child to attend.*

While walking to the field and during the screening process we ask that participants wear a mask/face covering. Once your child has completed the screening process and arrives at the designated start space, they may remove their mask/face covering.

**Please note all parents who are unable to social distance while watching/waiting for their child are required to wear a mask/face covering.*

Participation: Each participant will need the following equipment to participate. Sneakers, comfortable clothing and a water bottle. There will be multiple hand sanitizing stations, however we do recommend each participant has their own as well.

This program is designed to keep participants socially distanced as much as possible. Coaches go through the same screening process as participants each week.

Participants should bring their own water bottle filled, we will not be supplying water.

Conclusion: At the conclusion of each session we ask that you depart the property immediately. This will help to control crowds and to keep participants from different groups from having contact.

**Please do not use the Conway Elementary playground.*

We thank you in advance for following all the above rules and guidelines. Your child's safety is our number one priority. We look forward to working with them this fall.

Flag Football Skills & Drills

Thank you for choosing to have your child participate in the Conway Parks and Recreation Department Flag Football Skills & Drills Program for the fall of 2020. We are thrilled to be offering in person programming once again. In order to keep your child safe, we will be following the Covid-19 reopening guidance from the Governor's Economic Reopening Taskforce, Safer at Home Amateur & Youth Sports (updated August 8th, 2020). You can find a link to the entire document by clicking below.

<https://www.covidguidance.nh.gov/sites/g/files/ehbemt381/files/inline-documents/2020-05/guidance-amateur-youth-sports.pdf>

Arrival: Participants should arrive at the field 5 minutes prior to their scheduled time. If you arrive earlier than this, please wait in your vehicle until your designated time. Please only use the parking lot behind Conway Elementary School (DO NOT USE THE CHARTER SCHOOL PARKING LOT). There will be a table set up for screening each day. You will be asked the following questions followed by a temperature check.

- 1: Has your child had any symptoms of COVID-19 (see Universal Guidelines for list of potential symptoms) or fever of 100.4 degrees F or higher.
- 2: Has your child had any close contact with someone who is suspected or confirmed to have had COVID-19 in the past 14 days. (NOTE: Healthcare workers caring for COVID-19 patients while wearing appropriate personal protective equipment should answer "no" to this question)
- 3: Has your child traveled in the past 14 days outside of New Hampshire, Maine or Vermont.

**Upon arrival you may say "No to all" to the staff member screening. If the answer to any of the above questions is yes, please do not allow your child to attend.*

While walking to the field and during the screening process we ask that participants wear a mask/face covering. Once your child has completed the screening process and arrives at the designated field space, they may remove their mask/face covering.

**Please note all parents who are unable to social distance while watching their child are required to wear a mask/face covering.*

Participation: Each participant will need the following equipment to participate. Cleats (recommended not required), comfortable clothing and a water bottle. There will be multiple hand sanitizing stations, however we do recommend each participant has their own as well.

This program is designed to keep participants socially distanced as much as possible. Coaches go through the same screening process as participants each week.

Participants should bring their own water bottle filled, we will not be supplying water.

Conclusion: At the conclusion of each session we ask that you depart the property immediately. This will help to control crowds and to keep participants from different groups from having contact.

**Please do not use the Conway Elementary playground.*

We thank you in advance for following all the above rules and guidelines. Your child's safety is our number one priority. We look forward to working with them this fall.

Intramural Soccer

Thank you for choosing to have your child participate in the Conway Parks and Recreation Department Intramural Soccer Program for the fall of 2020. We are thrilled to be offering in person programming once again. In order to keep your child safe, we will be following the Covid-19 reopening guidance from the Governor's Economic Reopening Taskforce, Safer at Home Amateur & Youth Sports (updated August 8th, 2020). You can find a link to the entire document by clicking below.

<https://www.covidguidance.nh.gov/sites/g/files/ehbemt381/files/inline-documents/2020-05/guidance-amateur-youth-sports.pdf>

Arrival: Participants should arrive at the field 5 minutes prior to their scheduled time. If you arrive earlier than this, please wait in your vehicle until your designated time. Please only use the parking lot behind Conway Elementary School (DO NOT USE THE CHARTER SCHOOL PARKING LOT). There will be a table set up for screening each day. You will be asked the following questions followed by a temperature check.

- 1: Has your child had any symptoms of COVID-19 (see Universal Guidelines for list of potential symptoms) or fever of 100.4 degrees F or higher.
- 2: Has your child had any close contact with someone who is suspected or confirmed to have had COVID-19 in the past 14 days. (NOTE: Healthcare workers caring for COVID-19 patients while wearing appropriate personal protective equipment should answer "no" to this question)
- 3: Has your child traveled in the past 14 days outside of New Hampshire, Maine or Vermont.

**Upon arrival you may say "No to all" to the staff member screening. If the answer to any of the above questions is yes, please do not allow your child to attend.*

While walking to the field and during the screening process we ask that participants wear a mask/face covering. Once your child has completed the screening process and arrives at the designated start space, they may remove their mask/face covering.

**Please note all parents who are unable to social distance while watching/waiting for their child are required to wear a mask/face covering.*

Participation: Each participant will need the following equipment to participate. Cleats (recommended, not required), shin pads, comfortable clothing and a water bottle. There will be multiple hand sanitizing stations, however we do recommend each participant has their own as well.

This program is designed to offer in house small game play. Certain rules such as no throw-ins (kick-ins instead) have been implemented to keep participants from coming in contact with others & the ball as much as possible. Coaches go through the same screening process as participants each week.

Participants should bring their own water bottle filled, we will not be supplying water.

Conclusion: At the conclusion of each session we ask that you depart the property immediately. This will help to control crowds and to keep participants from different groups from having contact.

**Please do not use the Conway Elementary playground.*

We thank you in advance for following all the above rules and guidelines. Your child's safety is our number one priority. We look forward to working with them this fall.