

# CONWAY REC



# WELCOME HOME

## FALL PROGRAM NEWSLETTER #5

**Oct. 3rd, 2025**  
**#RECandROLL**



We have reached the mid-point of the Conway Parks and Recreation Department's Fall programs.

The Cross Country running program was the only program not effected by weather and they were able to finish up their final run through the woods this past Wednesday. The final day was filled with a short run, cold popsicles, and the certificate presentations. It was a great season for this group and we hope our numbers continue to grow in the future.

We will have two more sessions of Biddy Soccer and one more Biddy Field Hockey session before their seasons end. The numbers in those programs look good for the future of those sports. Pond Hockey will have one more session next week and they will finish with a big send off as the celebrate 20 years of this program on that day. Make sure you are there for the final day.

Both our 3-4 grade and our 5-6 grade Field Hockey teams had games last week and both play again next week as we get deeper into the season.

The 3-4 Soccer team played a game against Madison this past Wednesday, and they will travel next week to Madison for the rematch on Thursday. The 5-6 Soccer team will gets its first taste of game action when they host Fryeburg on Friday the 10th here in Conway. Both those soccer teams are getting ready for the Valley Cup on October 18th. Flag Football has been on a long break as weather took away games two weeks ago and there are no games this week as we try to stay away from scheduling during the Fryeburg Fair. But those teams will be back in action Thursday, Oct. 9th.

### FOLLOW US ON SOCIAL MEDIA

#### FACEBOOK

@conwayparksandrecreationdepartment

#### TWITTER

@conwayrecnh

#### INSTAGRAM

@conwayrecnh

#### WEBSITE

### Attention Flag Football Parents!

The football games that were canceled on Thursday, Sept. 23rd will be rescheduled for TUESDAY, Oct. 14th.

Here is that schedule:

5:00 p.m. Cowboys vs Dolphins

6:00 p.m. Colts vs Eagles

7:00 p.m. Bengals vs Packers

# Weekly Schedule Oct. 4th – 10th

Saturday, Oct. 4th

Biddy Soccer: Session (1) 9:30 a.m. Session (2) 10:30 a.m.

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Monday, Oct. 6th

Field Hockey: Gr. 3-4 and 5-6 practice 3:30 p.m. @ Conway

Flag Football practices: 5:00 p.m. Bengals & Colts

6:00 p.m. Packers

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Tuesday, Oct. 7th

Last Day of Biddy Field Hockey: 3:30 p.m.

Intramural Soccer: Gr 3-6 3:30 p.m.

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Wednesday, Oct, 8th

Field Hockey: Gr 5-6 Game @ Ossipee 5:00 p.m. (there will be a bus)

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Thursday, Oct. 9th

Field Hockey: Gr 3-4 Game vs Madison 4:00 p.m. @ Conway

Intramural Soccer Gr. 3-4 vs Madison 5:00 p.m. @ Madison

Flag Football games

5:00 p.m. Eagles vs Bengals

6:00 p.m. Packers vs Dolphins

7:00 p.m. Cowboys vs Colts

\*\*\*\*\*

Friday, Oct 10th

Final Day of Pond Hockey, 5:00 p.m.

Ham Arena

Grade 5-6 Intramural Soccer game, 4:00 p.m. vs Fryeburg @ Conway

## **ATTENTION PARENTS**

**The Conway Parks and Recreation Department would like to remind parents that the parking lot at the Robert Frost Charter School is off limits for use during Conway Rec. Dept. programs. This includes after school events, practices, evening programs, and weekend activities that are sponsored by Conway Rec. We have plenty of on-site parking for these events. The first lot on the right as you enter the Conway Rec. campus and the entire lot behind Conway Elementary School by the playground is for our use.**

We have divided our intramural grades into two teams that will compete in the Mt. Washington Valley Cup Soccer Tournament. We have scheduled two scrimmage games for each team to get the ready for that tournament. Here is the roster and dates for those games. You will need to be responsible for getting your child to the away game 30 minutes before the event starts.

## 3/4 Intramural Soccer Team

### Games:

- Wednesday, October 1<sup>st</sup> vs Madison in Conway at 4 pm
- Thursday, October 9<sup>th</sup> vs Madison in Madison at 5 pm
  - Saturday, October 18<sup>th</sup> – Valley Cup!

Tam Nguyen

Arabella Kennedy

Zarek Platt

Theodore Laine

Benjamin Shingler

Jack Martischnig

Sawyer Bennett

Asher Platt

Maia Elam

Matthew Porter

Brianna Fram

Quill Saunders

Meadow Geisser

Sawyer Szetela

Leo Greene

Maggie Whitney

Devin Harper

Lyllyan Zalenski

We have divided our intramural grades into two teams that will compete in the Mt. Washington Valley Cup Soccer Tournament and just 5/6 in the Carroll County Tournament. We have scheduled two scrimmage games for each team to get the ready for that tournament. Here is the roster and dates for those games. You will need to be responsible for getting your child to the away game 30 minutes before the event starts.

## 5/6 Intramural Soccer Team

### Games:

- Friday, October 10<sup>th</sup> vs Fryeburg in Conway at 4 pm
- Friday, October 17<sup>th</sup> vs Fryeburg in Fryeburg at 4 pm
  - Saturday, October 18<sup>th</sup> – Valley Cup!
- Saturday, November 1<sup>st</sup> – Carroll County Tournament!

Finn Baud

Ty Helm

Mica James

John Laine

Chase Lebel-Hayes

Griffin Osetek

Kinzly Bergstrom

Cameron Brett

Makaila Fram

Winter Frost

Emerson Kelly

Keegan Lebel

Callie Reid

Ashlyn Smart

Sophia Zalenski



## PICTURES FROM THE WEEK!

3/4 Field Hockey



3/4 Soccer Game vs  
Madison



Cross Country Team!



Biddy Field  
Hockey





CONWAY PARKS AND RECREATION DEPARTMENT

# HALLOWEEN PARTY 2025

THURSDAY, OCTOBER 30TH  
6:00-7:45 PM

HAUNTED  
HALLWAY!

TRICK OR  
TREATING!

COSTUME  
CONTEST!

GAMES &  
PRIZES!



RESERVE YOUR SPOT AT  
[CONWAYNHREC.GOV](http://CONWAYNHREC.GOV)

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