



FALL PROGRAM NEWSLETTER #3

Sept. 19th 2025
#RECandROLL



Now that all the programs are underway, we are getting into the meat of our schedules. Biddy Soccer will have it's third session this Saturday and they are looking to introduce some team play and possible short sided games.

Monday afternoon will see our first Field Hockey games of the season as we host Fryeburg in a 3-4 grade game and a 5-6 grade game.

Due to those games Flag Football practices have been moved to Tuesday evening. So with Biddy Field Hockey and Intramural Soccer taking place that afternoon, Tuesday will be a very busy day!

Wednesday will have the 5-6 grade Field Hockey team having practice as well as the third week of the Cross Country running program taking to the trails.

Thursday has the 3-4 grade Field Hockey program having a practice while later that evening the second week of games take place in the Flag Football league. Please note the schedule of games and time on the next page.

That brings us to Friday where after taking a week off the Pond Hockey program, will be back on the ice at the Ham Arena. The Fall has taken off and we will be in October before you know it.

FOLLOW US ON SOCIAL MEDIA

FACEBOOK

@conwayparksandrecreationdepartment

TWITTER

@conwayrecnh

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@conwayrecnh

Flag Football results from week #1

Bengals 31 Dolphins 0

Cowboys 15 Eagles 0

Packers 20 Colts 12

Standings

| Team | W | L | Pts |
|----------|---|---|-----|
| Bengals | 1 | 0 | 2 |
| Cowboys | 1 | 0 | 2 |
| Packers | 1 | 0 | 2 |
| Colts | 0 | 1 | 0 |
| Eagles | 0 | 1 | 0 |
| Dolphins | 0 | 1 | 0 |

Weekly Schedule Sept.20th-26th

Saturday, Sept. 20th

Biddy Soccer: Session (1) 9:30 a.m. Session (2) 10:30 a.m.

Monday, Sept. 22nd

Field Hockey: Gr. 3-4 Game vs Fryeburg 4:00 p.m. @ Conway

Field Hockey Gr. 5-6 Game vs Fryeburg 5:00 p.m. @ Conway

Tuesday, Sept. 23rd

Biddy Field Hockey: 3:30 p.m.

Intramural Soccer: Gr 3-6 3:30 p.m.

Flag Football practices: 5:00 p.m. Colts & Packers

6:00 p.m. Bengals

Wednesday, Sept 24th

Field Hockey: Gr 5-6 Practice 3:30-4:30 p.m.

Cross Country: 3:30-4:30 p.m.

Thursday, Sept. 25th

Field Hockey: Gr 3-4 Practice 3:30 p.m.

Flag Football Games:

5:00 p.m. Cowboys vs Dolphins

6:00 p.m. Colts vs Eagles

7:00 p.m. Bengals vs Packers

Friday, Sept. 26th

Pond Hockey, 5:00 p.m.

Ham Arena

ATTENTION PARENTS

The Conway Parks and Recreation Department would like to remind parents that the parking lot at the Robert Frost Charter School is off limits for use during Conway Rec. Dept. programs. This includes after school events, practices, evening programs, and weekend activities that are sponsored by Conway Rec. We have plenty of on-site parking for these events. The first lot on the right as you enter the Conway Rec. campus and the entire lot behind Conway Elementary School by the playground is for our use.

Candid's from Last Week!



FRIENDS OF CONWAY REC GOLF TOURNAMENT

TEAMS WANTED!!

**FRIDAY, SEPTEMBER 26TH
AT THE LAKE KEZAR COUNTRY CLUB**

**\$70 ENTRY FEE INCLUDES 18 HOLES
OF GOLF, 9:00 AM START TIME,
PRIZES, 50/50 RAFFLE, AND FOOD!**

**THE PROCEEDS WILL BE USED DIRECTLY TO SUPPORT CHILDREN'S
PROGRAMMING AND OUR SUMMER SCHOLARSHIP FUND.**



Below is a flyer for an adult trip we are having in a couple weeks! Please spread the word. It's going to be a great time!



MAILBOAT CRUISE ON CASCO BAY

JOIN US FOR A FUN ADULT GETAWAY TO PORTLAND,
MAINE. WHERE WE'LL SET SAIL ON A MAILBOAT CRUISE
THROUGH BEAUTIFUL CASCO BAY!

DATE: FRIDAY, SEPTEMBER 26TH

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|--|---|
|  <p>COST: \$24</p> <p>DEPART: 11:30 AM</p> <p>LUCNH ON OWN: 1:00 PM</p> <p>BOAT CRUISE: 3:00 PM</p> <p>RETURN: 7:00-7:30PM</p> |  <p>REGISTER ONLINE AT CONWAYNHREC.GOV OR COME BY THE OFFICE! CALL US AT 603-901-1139 WITH ANY QUESTIONS!</p> |
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CONWAY PARKS AND RECREATION DEPARTMENT